

# Voice of the Village

September 4, 2017

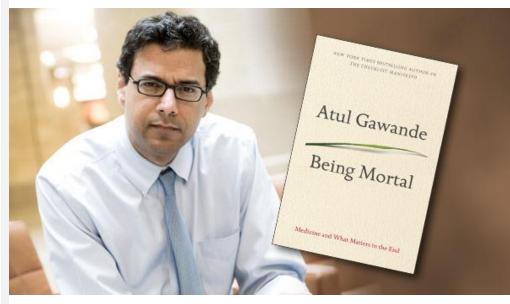
Volume 2, Number 9

Building a network of neighborly support

## Watch Party: The Value of Community and Choice as We Grow Older, with Atul Gawande

To celebrate its 15th anniversary and the Village movement it inspired, Beacon Hill Village invites Villages and interested community members around the country to participate in a "virtual event" featuring Dr. Atul Gawande, MD, MPH, author of the seminal book *Being Mortal*. In this live webinar, Dr. Gawande will be interviewed by Robin Young, the popular host of NPR's *Here and Now* from WBUR radio in Boston. The Greater Newburyport Village will broadcast this event on Monday, Sept. 25, 2017, at the Newburyport Senior/Community Center beginning at 4:45 p.m. Cider and cookies will be served following the event, with an opportunity to learn more about our local Village.

Dr. Gawande is a renowned surgeon, public health researcher, and writer who will speak about the value of community and opportunities as we grow older. While Dr. Gawande's book title alludes to death, the stories in it are actually about life. He describes people's efforts to maintain autonomy as they age in the face of ingrained habits, cultural expectations, and one-size-fits-all corporate offerings. He includes Beacon Hill Village and the Village model as an option for assisting older adults in their efforts, which typically involves providing services and extending community to people who want to remain in their own homes for their lifetime.



Choice and community are concepts honored throughout the Village movement. These concepts are behind the underlying principles that lead to the founding of more than 240 Villages in 45 states that impact the lives of more than 40,000 older adults. By 2030, twenty percent of our nation's population will be over 65, an estimated 83 million people. One of the great issues worldwide today is how to support and care for aging populations. The Village concept and Dr. Gawande's profound understanding of the importance of choice and community offer valuable insights and solutions for this challenging phenomenon.

### Upcoming Events See Website for more info!

Village Watch Party with Atul Gawande, Monday, September 25, 4:45 to 6:30 pm. Newburyport Senior/Community Center. Open to the public.

Village Talk – Open to the Public:

Sept 20, 1 pm, Newburyport Senior/Community Center "Restoring the Coachman' s House on the Maudslay Estate" with Tom Wester.

#### Greater Newburyport Village Members & Volunteers Only:

September 14, 9 am, Members West End Tour of Boston (see page 2). RSVP by Sept. 8.

September 28, 6 pm, Member and Volunteer Dinner: Jewel in the Crown, 23 Pleasant St, Newburyport. RSVP by Sept. 15.

October 3, 2 to 4 pm, Plum Island Walk with Bill Gette, Plum Island Parking Lot #1. Rain date: October 5. RSVP by Sept. 29.

#### **Community Events:**

October 4, 7 to 9 pm, Community Talk: Our Village and the National Movement, Newburyport Library. Come learn more about what the Village can really mean for you.

October 14, 6 to 9 pm, Rubbish to Runway fun fundraiser event for Long Way Home, with Village presence, Blue Ocean Music Hall, 4 Ocean Front N, Salisbury.

**For member services and RSVPs:** call 978-206-1821 or email a service request or RSVP to: services@greaternewburyportvillage.org

## **Members-Only West End Tour of Boston**

Our Sept. 14 tour of the West End Museum will be led by original West Ender and museum tour guide, Bruce Guarino. The museum visit follows a walking tour through the surrounding area to view some of the new construction as well as some historic buildings that were saved. This tour will be led by Professor Lois Ascher, who teaches a course about Boston at



Wentworth Institute. She is also clerk of the Board of Directors and a member of the museum's

Advisory Board, and a member of the Greater Newburyport Village and its Program and Events Team.

## More Upcoming Events Not to Be Missed!

The **September 20 Village Talk**, open to the public at the Newburyport Senior/ Community Center, features Tom Wester, curator of the Coachman House section of Maudslay State Park. Come and learn some fascinating local history! Maudslay State Park was developed by the Moseley family in the 19th century and covers 480 acres. The Coachman's house was built in 1901. Wester will talk about the project and its rewards and challenges. He is a graduate of Worcester Polytechnic Institute and Tufts University.

The **September 28 Village Dinner** for members, volunteers, and invited guests moves to the Jewel in the Crown restaurant this month as we sample their tasty Indian cuisine and continue to enjoy each other's company. If you haven't yet attended a Village Dinner, please join us. We'd love to see you and you'll love the experience! Separate checks are provided for all Village dinners. Please RSVP by Sept. 15.

On **October 3**, Village members and volunteers are invited to **join Bill Gette for a Plum Island Walk**. Gette, former Joppa Flats sanctuary director, is a birder extraordinaire and popular educator and environmentalist. We'll meet at Parking Lot #1 and after a brief orientation take a short walk into the salt marsh to view birds and salt marsh vegetation. We'll then carpool to the Salt Pannes Observation Area for more wildlife, then again carpool to the Hellcat Wildlife Observation Area where we'll walk out to the tower and along the boardwalk. Come join us this special adventure! RSVP by Sept. 29. Rain date is Oct. 5.

On **October 4**, come to a **Community Talk** at the Newburyport Library for an interactive presentation to learn more about the national Village Movement as an approach to aging in America and our local Village's services and benefits. This presentation will explore what is happening with our own local Village, what we aim to accomplish, and how we are helping our members daily. Highlights will be presented from the 2016 National Survey of US Villages.

On October 14, the Newburyport Village is participating in **Rubbish to Runway**, a fundraising event for Long Way Home, a nonprofit organization that builds sustainable schools in Guatemala. This will be lots of fun! Join our Village designers, Susan Coolidge, Ellen Chulak, and Linda Bogdanoff, and other Village friends in this high-fashion show of outfits made completely out of recycled materials. To learn more about this fundraiser and get tickets, see https://www.rubbishtorunway.org/fashion-shows.

## **Our Mission**

To promote living well and independently for a lifetime through community engagement and a network of neighborly support. For additional information on all Village events, please check the Events Calendar online. To register for the event online, double-click on the date of the event, and look for the registration button. For Village information: call 978-206-1821 or email info@greaternewburyportvillage.org or visit our website: www.greaternewburyportvillage.org Village members will meet at 9:00 am at the Newburyport train station to catch the 9:15 train to North Station. The museum is only a short walk from there. Members will greet you at the train and lead the way to the museum from North Station. We'll take the 1:20 pm train back to Newburyport. You can drive and meet us if you like. Details on our website.



The audience filled the Senior/ Community Center meeting room for our August 16 Village Talk featuring Dyke Hendrickson describing Newburyport's nautical history.



The happy crowd at August's Village Members and Volunteers Dinner at Glenn's Food and Libations. If you haven't experienced a Village Dinner yet, please come join us and bring a friend to introduce to the Village!



On August 15 an enthusiastic group of Villagers enjoyed a private docent's tour of the Ogunquit Museum of American Art. Attending were Carole Bishop, Joyce Cejka, Sue Hammond, Susan Coolidge, Rita Mihalek, Mary Olson, Kitty Krajci, Annie Tunstall, Linda Bogdanoff, Ellen Chulak, and Bill and Donna Franz.